

## SIGNS TO LOOK OUT FOR

Children who are being bullied may show changes in behaviour such as:-

- Be unwilling to go to school
- Become withdrawn, lacking in confidence
- Start to under-perform in their school work
- Have unexplained bruises, scratches or cuts
- Come home with personal items damaged
- Be unwilling to talk about what is wrong

## IF YOU SUSPECT YOUR CHILD IS BEING BULLIED

- **Talk to them** try to find out what is happening.
- **Support them** tell them that they've done the right thing.
- **Suggest how they can help themselves** stand tall and say 'NO, I don't like it when you do that', avoid the bully, stay with friends.
- **Please do not** tell them to fight back. This is only likely to make the bullying worse and may end up with your child being in trouble.
- **Make an appointment** to see someone in school.
- **Support the school** we want to stop the bullying. The best way to do this is together.
- **Be understanding** bullying can be complex. For example 20% of 'bullies' have been bullied themselves. It can take time to stop a pattern of behaviour.

## Where to turn for help



## Watercliffe Meadow

Boynton Road, Sheffield, S5 7HL.  
Telephone 0114 2326603.

**Head Teacher** Ian Reid

**Deputy Head Teacher** Claire Bradley

**Senior Learning Mentor** Jayne Senior

**Learning Mentors** Sam Dyson, Bernice Cusworth,  
Tracy Tompkinson

**Chair of Governors** Lee Hilton-Brammer

## USEFUL TELEPHONE NUMBERS

**Kidscape** 0207 8235430

**Parentline** 0808 800 2222

**Police** 101

**SHED (Drug Advice)** 272 9164

**Childline** 0800 1111



# Watercliffe Meadow

*The World is Ours!*

## ANTI-BULLYING GUIDE

**Working to Promote  
Positive Behaviour**



Printed on recycled paper.



# ANTI-BULLYING GUIDE Watercliffe Meadow



Everyone at Watercliffe Meadow has the right to work, learn and play in a positive, safe environment.

Bullying prevents this.

**We aim to provide a positive, safe environment for all pupils and staff.**

This leaflet provides information about how we can all work to identify and deal with bullying and keep problems to a minimum.

**If you have any concerns regarding your child being bullied, or maybe bullying someone else, please contact school and speak to a class teacher.**

**Together we can  
STAMP OUT  
bullying!**



**At Watercliffe Meadow we define bullying as:**

- Deliberately hurtful behaviour
- Repeated over a period of time
- Difficult for the person being bullied to defend themselves

**Bullying behaviour can be:**

- Physical (eg kicking, hitting, theft)
- Verbal (eg name calling, discriminating remarks)
- Indirect (eg spreading rumours)
- Cyber Bullying

**When problems arise, we respond to incidents by following 5 steps**

- 1 Listen
- 2 Record
- 3 Investigate
- 4 Respond
- 5 Follow Up

- We work closely with parents to deal with incidents of bullying behaviour.
- Incidents are investigated and logged.
- Children in difficulty are closely monitored.
- We keep records of action taken.
- Staff follow-up with discreet checks on children who have been bullied.



**At Watercliffe Meadow we address bullying through the following procedures:**

- Our **GOLDEN RULES**.
- Assemblies and other specific work in school on anti-bullying.
- Ongoing Circle Time work in all classes is concerned with anti-bullying and giving children strategies to deal with bullying behaviour.
- Pupil support through:  
School Council  
Peer Mediators (older pupils supporting younger pupils at lunchtime)
- Monitoring through our 'Serious Incident' reporting form.
- Lunchtime supervisors have all received special training to manage co-operative play and deal with conflict resolution in a calm and professional manner.
- Additional supervision by senior staff at playtime and other key times.
- Induction of new pupils by the Learning Mentor.
- Pupil support from the Learning Mentor.
- Support for pupils from other trained staff.
- Specialist support is available through a multi-agency team giving support to the family of schools in the Parkwood area.

