

SIGNS TO LOOK OUT FOR

Children who are being bullied may show changes in behaviour such as:-

- Be unwilling to go to school
- Become withdrawn, lacking in confidence
- Start to under-perform in their school work
- Have unexplained bruises, scratches or cuts
- Come home with personal items damaged
- Be unwilling to talk about what is wrong

IF YOU SUSPECT YOUR CHILD IS BEING BULLIED

- **Talk to them** try to find out what is happening.
- **Support them** tell them that they've done the right thing.
- **Suggest how they can help themselves** stand tall and say 'NO, I don't like it when you do that', avoid the bully, stay with friends.
- **Please do not** tell them to fight back. This is only likely to make the bullying worse and may end up with your child being in trouble.
- **Make an appointment** to see someone in school.
- **Support the school** we want to stop the bullying. The best way to do this is together.
- **Be understanding** bullying can be complex. For example 20% of 'bullies' have been bullied themselves. It can take time to stop a pattern of behaviour.

Where to turn for help



Watercliffe Meadow

Boynton Road, Sheffield, S5 7HL.
Telephone 0114 2326603.

Headteacher Ian Read

Deputy Headteacher Claire Bradley
Senior Learning Mentor Kath Brailsford
Learning Mentors Jayne Senior /
Bernice Cusworth
Chair of Governors Lee Brammer

USEFUL TELEPHONE NUMBERS

Sheffield Advice Centre 273 4256
Youth Information/Support Centre 270 0298
SHED (Drug Advice) 272 9164
Childline 0800 1111
Parentline 272 6575
The Anti-Bullying Campaign 0171 378 1446
Kidscape 0171 730 3300
Local Police 220 2020



Watercliffe Meadow

ANTI-BULLYING GUIDE

Working to Promote
Positive Behaviour



ANTI-BULLYING GUIDE Watercliffe Meadow



Everyone at Watercliffe Meadow has the right to work, learn and play in a positive, safe environment.

Bullying prevents this.

We aim to provide a positive, safe environment for all pupils and staff.

This leaflet provides information about how we can all work to identify and deal with bullying and keep problems to a minimum.

The school has a policy for dealing with bullying. A copy of that policy is available from the school office.

If you have any concerns regarding your child being bullied, or maybe bullying someone else, please contact school and speak to a class teacher.

**Together we can
STAMP OUT
bullying!**



At Watercliffe Meadow we define bullying as:

- Deliberately hurtful behaviour
- Repeated over a period of time
- Difficult for the person being bullied to defend themselves

Bullying behaviour can be:

- Physical (eg kicking, hitting, theft)
- Verbal (eg name calling, discriminating remarks)
- Indirect (eg spreading rumours)

When problems arise, we respond to incidents by following 5 steps

- 1 Listen
- 2 Record
- 3 Investigate
- 4 Respond
- 5 Follow Up

- We work closely with parents to deal with incidents of bullying behaviour.
- Incidents are investigated and logged.
- Children in difficulty are closely monitored.
- We keep records of action taken.
- Staff follow-up with discreet checks on children who have been bullied.



At Watercliffe Meadow we address bullying through the following procedures:

- Our **GOLDEN RULES**.
- Assemblies and other specific work in school on anti-bullying.
- Ongoing Circle Time work in all classes is concerned with anti-bullying and giving children strategies to deal with bullying behaviour.
- Pupil support through:
School Council
Peer Mediators (older pupils supporting younger pupils at lunchtime)
- Monitoring through our 'Serious Incident' reporting form.
- Lunchtime supervisors have all received special training to manage co-operative play and deal with conflict resolution in a calm and professional manner.
- Additional supervision by senior staff at playtime and other key times.
- Induction of new pupils by the Learning Mentor.
- Pupil support from the Learning Mentor.
- Support for pupils from other trained staff.
- Specialist support is available through the service district; this is a multi-agency team giving support to the family of schools in the Parkwood area.

